

THE COMMUNICATOR



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JOIN CPC!

WHAT IS CPC?

The council represents CSU State Classified employees on issues such as raises, parking, work-life balance, supervisor training, employee recognition, and members contribute to many university committees across campus.

WHAT WOULD I DO?

CPC members meet monthly and serve on one of five committees. Time commitment is between 2-4 hours/month.

AM I ELIGIBLE?

SC employees, working 50% FTE or more, that have been at CSU for at least 1 year are eligible to serve.

WHERE DO I SIGN UP?

Please visit <https://col.st/5zOJa> to find out more and submit an application.

Amplify your
VOICE

Scan this QR code to learn more:



APPLICATIONS ARE DUE BY JUNE 30, 2022

READ MORE ABOUT WHAT CPC IS ALL ABOUT AT [SOURCE](https://col.st/5zOJa).

[HTTPS://CPC.COLOSTATE.EDU/](https://cpc.colostate.edu/)



CLASSIFIED PERSONNEL COUNCIL

News & Updates

CPC CELEBRATES 50 YEARS!

With the approach of the new fiscal year, CSU's Classified Personnel Council reflects on turning 50.

- CPC was established in Fiscal Year 1973, under Adrian R. Chamberlain, President of CSU at that time.
- In its first year, CPC represented 1862 Classified Personnel. (In comparison, there were 1100 Faculty and 525 Administrative Professionals at CSU.)
- The council has long been supported by the Vice President for University Operations.
- Historical meeting minutes describe similar interests and concerns to what we discuss today: parking on campus, equitable pay, benefits, quality of work, and recognition of important contributions made to the university by State Classified employees.
- Fun facts:
 - The first Recognition Night held by CPC was in 1974.
 - The Outstanding Achievement Award has been given annually since 1977.
 - Back in 1990, CPC was discussing the need to establish an Employee Assistance Program. Check out the fruits of that effort on our current Employee Assistance Program with information located on page 4.

Why should I consider being a CPC member?

- CPC is one of the pillars of shared governance at CSU – together with Administrative Professional Council, Faculty Council, and ASCSU (for students)
- Advocate for fellow employees (1,600+)
- Leadership opportunities and connections with various CSU leaders!
- Enact change – be a part of the conversation / have a seat at the table
- Growth opportunity, further career aspirations
- Meet other employees across campuses



CAPITOL VISIT

On April 25th the CPC's Legislative Committee traveled down to Denver for its annual Legislative Field Trip. The purpose of the trip is to tour the State House, sit in on some legislative sessions to see the legislative process in action and to connect with our local legislators. The day we arrived, Governor Polis along with the State Legislature announced a \$400 rebate that all Colorado taxpayers would be receiving this summer (it has recently been increased to \$500). After the announcement, we were able to meet with Representatives Cathy Kipp and Andrew Boesenecker. They arranged for us to sit on the floor of the House during the day's session, and explained the session as it played out through various procedures and votes. Senator Joann Ginal also hosted the Legislative committee on the floor of the Senate during their session and provided the same guidance to the debates and votes of the Colorado Senate. The day included a moving tribute to a former House member who had recently passed away and a fascinating and passionate debate about a fentanyl bill.

We are grateful to our Fort Collins legislators for spending time with us and arranging for us to sit on the floor of both the Senate and the House. All three legislators also agreed to meet with us this summer to further our discussions on issues important to State Classified Staff.



News & Updates

CURIOUS ABOUT CPC MEETINGS AND DISCUSSIONS?

Here's a quick summary of recent presenters and topics:

- In April - PERA representatives gave an overview and answered questions about PERA
- In May - President McConnell provided updates on the budget, recent and current searches, and the CST; Jan Pierce, EAP Coordinator, presented on the Employee Assistance Program benefits and how to access them
- CO WINS Updates - Stephen Maddock and Cameo Banks are CSU's CO WINS Stewards.

AT OUR NEXT MEETING: PARKING UPDATES & CHANGES

Parking & Transportation Services (PTS) is coming to CPC on June 16. To attend or submit questions in advance of the meeting, email cpc_secretary@mail.colostate.edu. Discussion points listed below:

- Doubled their permit options, expanded partial week 2 and 3-day annual and semester permits
 - Continue to work on how to can add more flexibility to recognize many different work schedules on campus
- Launching renewable permit program – Opt In on your parking account and your current annual permit will be auto renewed each year using payroll deduction
- Automated the 1 time annual warning to all employees and students – each year this new software configuration will review your history to evaluate if a citation can be automatically reduced to \$0 and send an email notification to let you know that the citation qualified.
- Continuing daily scratch off hangtag discount program. 15% bulk discount applies as you increase your purchase in multiples of 10, \$11 for 10-19 permits, \$9 for 20-29 permits, \$8 for 30-39 permits, \$7 for 40+ permits. This program provides complete flexibility for those who have no set work schedule on campus.
- Improved payroll deduction program that was previously limited to eight monthly installments to twelve for benefit eligible employees on a twelve month working assignment
- Annual permit price changes
- Historically PTS generally raised annual prices year over year by 3%, the last increase was 2019
- In this permit price restructuring PTS focused on minimizing the annual permit increase to 1.2% year over year
- Added a 9-month option for employees and commuter students to provide a lower cost option and recognize that summer offers a great time to balance alternative transportation options to promote sustainability
- Reducing the hourly rate on south campus from \$2 to \$1 with our continued focus to incentivize outlying parking options to promote safe movement
- The restructure is built off the daily rate to incentivize short trips.
- Citation fee for overtime at a meter will increase from \$30 to \$45 due to historical non compliance trend. With the new hourly mobile vendor PTS feels they can try to encourage and prevent the trend from continuing in a direction that has required additional resources to provide access to visitors.

PTS EMPLOYEE COMMUTE PROGRAMS

Would you like to explore options for commuting to campus? Parking and Transportation Services is offering several free events and programs this summer to help CSU employees discover alternative ways to commute on and off campus.

<https://pts.colostate.edu/employee/events/>

CPC meets on the 3rd Thursday of the month via Microsoft Teams. All meetings are open to the public! If you would like to join us as a guest, please email cpc_secretary@mail.colostate.edu to be given the link. We would love to virtually see you there!

NEXT MEETING: JUNE 16



CLASSIFIED PERSONNEL COUNCIL

Recognition & Awards

OUTSTANDING ACHIEVEMENT AWARD

- Amalia Ornelas – CSU Health Network, Medical Services
- Nancy Rhodes – Off-Campus Life
- Nita Schissell – Student Insurance Office
- Julie A. Steinhoff – Fort McCoy Natural Resource Branch Wildlife Program
- Felipe Y. Vazquez – Biomedical Sciences, Animal Care

POSITIVE ACTION AWARD

- Kelly Hixon – Housing & Dining Services (HDS)
- Aggie Village General Labor Team (Sagrario Baeza, Leonard Braden, Hairik Honarchian Saki, Morelia Margarito, Andy Martinolich, Elizabeth Mera-Rivera, Ronnie Pulido, Mason Rogers, Remy Sanchez, Odinahon Yangibaeva) – HDS

EDUCATIONAL ASSISTANCE AWARD

- Jeff Phillips
- Sheri McCaskill
- Meg Skeehan
- Marne Lundstrom
- Keith Fisher
- Janelle Dowling
- Chelsea Hansen
- Maggie Seymour
- Lynise Baker
- Randall Lamb
- Kaitlin Stevens
- Brian Breidenbach

DAY IN THE LIFE - PEGGY STOLTENBERG



A typical workday for Peggy Stoltenberg could encompass just about anything.

She sits at the front desk in the Northeast Regional Engagement Center on a busy corner in downtown Sterling. Many people see the CSU sign and walk in to ask a variety of random questions, such as, “How can I get an opossum out of my attic?”

More often, people wander into the Engagement Center because they are new to town looking for resources, connections or education — or they are longtime residents, also looking for resources, connections or education.

“Which is great,” says Stoltenberg, “because THAT is what my work is all about: making connections and building relationships.”

Read the full article at [SOURCE](#).

MORE CPC RECOGNITION OPPORTUNITIES

<https://cpc.colostate.edu/annual-cpc-awards/>

[HTTPS://CPC.COLOSTATE.EDU/](https://cpc.colostate.edu/)



EMPLOYEE ASSISTANCE PROGRAM



The EAP Program is committed to providing equitable and supportive access to wellness resources for CSU employees in 3 ways:

- on-site support
- [ComPsych/guidance resources](#)
- [SilverCloud](#)

COMPSYCH GUIDANCE RESOURCES

ComPsych provides no-cost, confidential assistance to help address personal and professional issues faced by employees (faculty, staff, non-student hourly, graduate assistants) and members of their household. Staffed by experienced clinicians, 24 hours a day, seven days a week, ComPsych will refer employees to a local or virtual, licensed psychotherapist, answer legal or financial questions, or refer you to experts in the community.



- confidential mental health counseling (includes household members!)
- legal information and resources - divorce/family law, debt/bankruptcy, landlord/tenant issues, real estate
- financial - getting out of debt, retirement planning, credit card/loan problems, college saving, tax questions, estate planning
- work-life solutions - child or elder care, moving/relocation, college planning, pet care, home repair, vacation planning

SILVERCLOUD

SilverCloud is available to CSU students, staff and faculty. This is a free online program that provides faculty and staff self-guided programs to take at their own pace.

Modules

Not sure where to start? Take a short [well-being quiz](#) to find out which of the programs is most suited to you! Or, read the descriptions and [select a program](#) of your choosing. Coaching is available on the five modules featured below.



Space from Depression

Overcome and manage the symptoms of low mood and depression.



Space from Anxiety

Learn tools and techniques to manage anxiety, challenge anxious thoughts, and cope with difficult situations.



Space for Resilience

Information, tips, and tools to enhance your sense of satisfaction, wellbeing, and ability to thrive through the principles of positive psychology.

Space for Positive Body Image

Improve your body image by examining your personal strengths and your relationships with food, exercise, and your own self-image.



Space for Social Anxiety

Learn new strategies to change your thinking about social fears in order to improve your life and relationships.



Space for Sleep

Packed full of tools and practical techniques to help you create healthy sleep habits and relieve the symptoms of sleeping problems such as insomnia.

Other modules also include Space from Anxiety and Depression for individuals experiencing both sets of symptoms and Space from Stress.

STATE EMPLOYEE ASSISTANCE PROGRAM

In addition to CSU's employee assistance program, state classified employees also have access to the state of Colorado's resources, including:

- mental health counseling, leader consultation, critical incident response, and more.
- there are many programs and webinars available throughout the summer. Information can be found [here](#).
- [Complimentary meditations](#)
- Resources are available by phone at 303-866-4314 or you can [request an appointment online](#) for additional support.



COLORADO
State Employee Assistance
Program

CSEAP

CSU HAPPENINGS *and* ON & OFF CAMPUS RESOURCES

COLORADO WINS

Colorado Wins is a union that represents state employees in Colorado. For more information, please visit:

- <https://www.coloradowins.org/>
- Current partnership agreement between the State and CO Wins can be found [here](#).

C2C: COMMITMENT TO CAMPUS

Colorado State University's [Commitment to Campus](#) encompasses a wide range of programs, discounts, and special benefits available to CSU faculty and staff. These opportunities are offered to:

- Promote employee health, wellness, and personal advancement
- Engage employees in the life of the University
- Connect employees and students outside the classroom
- Enrich participation in campus programs, classes, and events
- Reward employees for their service and involvement in the CSU community

LOCAL AND STATE EVENTS

FORT COLLINS EVENTS

The local Fort Collins [community calendar](#) and [Weekly Happenings newsletter](#) will keep you updated with the latest events, concerts, festivals, holiday and sporting events around town.

NATIONAL PARKS - FREE ADMISSION ON AUG 4!

Free days: <https://www.nps.gov/planyourvisit/fee-free-parks.htm>

at these locations: <https://www.nps.gov/planyourvisit/fee-free-parks-state.htm>

